

## November 2016

Last month was a busy time promoting lots of wellbeing initiatives. We celebrated Ride to Work Day and the Global Corporate Challenge. We hosted theatre, poetry, tai chi and lots of other events for Safety and Wellbeing month; see the articles below for more details. It doesn't stop there! This month there will be Go Home on Time Day.



### Safety and wellbeing month

UNSW celebrated Safety and Wellbeing Month in October. Weekly Tai Chi and Mindfulness Meditation classes were very popular and a regular group of intrepid workers walked around the campus perimeter for weekly Campus Lunch Walks. Lots

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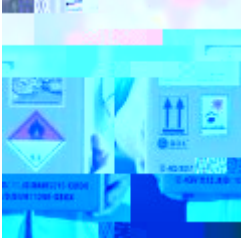


## Health and wellbeing celebration

A successful Health and Wellbeing celebration event was held on 12th October at the Mathews Pavilion. There were stalls from Medibank, Sturdy Framac, Toxfree, Employee Assistance Program, ProRehab Solutions, Sustainability and more. A healthy lunch of spring rolls, dumplings and fresh fruit was provided. Prizes were handed out to lucky door winners and the Global Corporate Challenge participants; see [online photos](#).

A representative from the Global Corporate Challenge attended and presented UNSW with it's award (pictured) for being the winner of the Australian University Mini League. UNSW was the most active of 17 universities (including a sports uni!) with a step average of 12,946 per person per day.

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## Dangerous goods transport

The Australian Dangerous Goods (ADG) Code has been updated to [edition 7.4](#) and has been implemented in all jurisdictions in Australia. The code provides technical requirements for transport of dangerous goods by road or rail across Australia. It is important that anyone transporting dangerous goods understands their responsibilities to prevent accidents, exposures, spills or release to environment. Edition 7.4 will become compulsory from 1 January 2017. It covers classification, packaging, marking and placarding, vehicle requirements, segregation, documentation, safety equipment and more. Some of the changes include: amendment to lithium battery transport, addition of new UN numbers, amendments to some packing instructions, changes to marking requirements for environmentally hazardous substances, changes to special

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