

## Other cloth Face Mask points.

A face mask is a simple, effective way to reduce spread of COVID-19.

People can be infected and have no symptoms, so you cannot tell who around you is infected. You may be

Absorbent inner layer (cotton)

High thread count and fine weave

Ties (which tie at the back of the head) rather than ear loops. If using a mask with ear loops, you can get a plastic clip to join the ends together at the back of your head.

Fit around the face a nylon stocking tied over the mask and around the back of the head will provide good fit.

Does not have a valve

