

My Choice Matters helps people with disability and their families to learn about choice, voice and control.

It also helps them learn about self-directed support and individualised budgets.

To find out more about what these things are, [click here](#)

My Choice Matters isn't finished yet. The Social Policy Research Centre found out how well it worked so far in Part 2.

They looked at two questions.

1. Is My Choice Matters doing what people need?
2. What have people changed in their lives because of it?





There are some things that My Choice Matters ~~do~~ better:

- Making sure the information they give people ~~is~~ the same across the different workshops
- Doing more to help people build skills, not only give them information

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This report is an Easy Read version of the following main report:

Griffiths, A., Nethery, D., Robinson, S., Bates, S., Meltzer, A.,  
Kayess, R. (2015) *My Choice Matters Evaluation – Fieldwork  
Report Stage 2*. Sydney: Social Policy Research Centre, UNSW  
Australia.

This Easy Read report has been written by Ariella Meltzer. The  
pictures are Photosymbols.